



# Home Economics

## Weighing & Measuring

# Choosing equipment



A pinch



Time



Measuring jug



Ruler



Measuring spoons



Electric scales



Tablespoon

Teaspoon

# Accurate weighing & measuring

## Equipment

## How to weigh & measure accurately.....

### Measuring jug



- ✓ Place on a **flat surface**.
- ✓ Read measurement at **eye level**.

### Electric scales



- ✓ Set to the correct unit of measurement e.g. (g) for grams.
- ✓ Place bowl on top and **ZERO** the scales.

### Measuring spoons



- ✓ Select the correct spoon for measurement.
- ✓ Use the back of a knife to remove the excess and create a **flat surface**.

### Ruler



- ✓ Select the correct unit of measurement e.g. **mm** or **cm**.
- ✓ Start at '**0**' and measure your template.

### Teaspoon



- ✓ Use the back of a knife to remove the excess and create a **flat surface**.

### Tablespoon



- ✓ Use handy measures to weigh out the ingredients.
- ✓ Check if you need rounded or level measurements.

### Pinch



- ✓ A small amount of ingredient '**pinched**' between your finger and thumb.

