

# TIMETABLE - EXAMPLE

Week beginning: 20 April 2020



NAME: Jim Hall



St Mungo's  
High School  
Falkirk



Here is a partly completed timetable (reference only) - it should be personalised to suit your situation and access to IT

 TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 
9:00 - 9:30am 9.30 - 10.00am	PE with Joe Wicks Take photos - send in	Go for walk with mum Practice trumpet	adjust times to suit your situation and commitments	Keep in touch with your pals and relatives	<b>Regular Broadcasts</b> Check the school website for an up-to-date list of regular broadcasts, but here are some you can add to your timetable: <b>PE with Joe Wicks</b> <b>BBC Learn</b> <b>Steve Backshall - Wildlife</b> <b>Glasgow Science Centre</b> <b>Science: Maddie Moate</b> <b>David Walliams</b> <b>Dance: Oti Mabuse</b> <b>Diverse Dance</b> <b>Space to Learn NASA</b> <b>Music: Mylene Klass</b>
10 - 11am	Look after my wee brother	Read English text book and take notes on plot	Don't forget to build in breaks and lunchtime	If sharing devices, plan and do other non IT work	
11.00 - 11:30am	Break . . . . . Facetime pals	Break . . . . . Check messages	Keep teacher up to date e.g. can't do work, need help etc.	Include any support or jobs you do around the house	
11:30 - 12:05 12:10 - 12:45	Maths - Trigonometry History - 5 How useful Qs	BBC Bitesize - Drama Nat 5 Core RE work on TEAMS	Get fresh air - follow social distancing guidance	Look out for free sites to enhance skills and knowledge	
12:45 - 1:30	Lunch with family message pals	Lunch with family eat in the garden			
1:30 - 2:10pm	Bake Home Ec. recipe. Upload photo for teacher	Help with housework ZOOM Quiz - pals			
2:15 - 3:00pm	Finish & upload work for IT Learn Spanish vocab	GO on TEAMS and work on BIOLOGY tasks			

