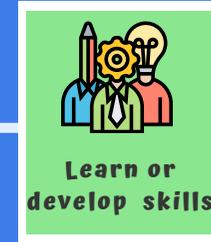


VOLUNTEERING



People of all ages take part in volunteering, so why not put your youth, energy and enthusiasm into something really worthwhile?

Benefits of volunteering include:



FIND
OUT
MORE

Watch this short 3 minute video



LOOKING FOR VOLUNTEERING OPPORTUNITIES?

Find an activity that fits YOU!

It is vitally important that you find a placement that fits you and develops you - not everyone is suited to certain volunteering activities and if you're not interested, it might quickly lose any benefit.

My World of Work has summarised 5 main things you should consider before requesting volunteering opportunities.

These 5 things are →

1

Contacts

Who will you meet? Consider if they can help you build your network or provide a reference.
Check for age conditions/ other requirements or conditions attached

2

Experience

What do you want to get from it? The right placement will give valuable, relevant experience/s and help develop many skills.

3

Time

You can find placements for anything from a few hours to a few months. Decide how much time you can give.

4

Your strengths

Try to find a role which suits your strengths. You'll enjoy it more if it plays to your natural strengths.

5

Expectations

Find out what organisations want you to do. Is there training or qualifications involved?

USEFUL ADVICE TOP TIPS



Another big plus about volunteering is that it gives you referees for your CV who can support future job applications. Make sure you have a contact email and number for someone from the organisation who can support what you did.



While you're there, talk to people about your ambitions. Work hard and show them the skills you have and/or have developed whilst volunteering. They may keep you in mind if a paid position comes up.

**HOW TO
FIND &
SIGN UP**

VOLUNTEERING MATTERS FOR OUR COMMUNITY

1



Volunteer Scotland allows you to view opportunities across Scotland. I have filtered opportunities within 15 miles of Falkirk town centre.

Click on the Volunteer icon.

2



You can now search for current Falkirk volunteering opportunities directly through CVS website

Click on the CVS Falkirk icon.

3

OTHER SEARCHES

**My World of Work Search
National Museums Scotland_
National Trust for Scotland_
Project Scotland
Volunteering Matters**

Click on each name to go to website