

Activities and challenges for individuals or families during the lockdown (optional)



Boredom Busters

[Boredom busters](#)

[Edinburgh Zoo webcam](#)

[The kids should see this](#)

[Family Lockdown Tips](#) – F/Book private group, so you must join and there is limited posting times

[Brain Gym](#) – exercises (You Tube)

[Brain Gym](#) – games

[Brainsmart](#) – BBC

[Kids Learning Tube](#)

Current Affairs

[TED Education](#)

[Inspiring TED Talks](#)

[Newsround](#)

[National Geographic Kids](#)

[Documentaries 1](#)

[Documentary Heaven 2](#)

Subject teachers will be promoting websites that are relevant to work set by them and/or extension activities. Please follow advice and use resources given by subject teachers.

These activities are **not** designed to replace work that has been set by teachers.

Mindfulness (Art)

[Drawing with Steve Harpster](#)

[Mindfulness and Creativity](#)

[Steven Brown Art](#) sheets

[Artful Parent](#) – Facebook

[Activity Village](#)

[Fun Origami](#)

[30 Day Art Challenge](#)

Additional Support Needs

[Autistica](#)

[Enquire](#) – Scottish Advice Service

[Call Scotland](#)

Culture & History

[Virtual Museums, theme parks and galleries](#)

[Virtual walking tours – European Cities](#) – can do this on a treadmill or exercise bike

[National Museum of Scotland](#)

Cooking

[Kitchen Buddies](#) (Jamie Oliver)

[Theo cooks](#)

[The Reluctant Gourmet](#)

Fun facts / Encyclopaedia

[Illustrated encyclopaedia](#) – free trial until end July

[Now I know](#) – fun facts

[Dorling Kindersley](#) – Find out

STEM

[Daily STEM Challenges](#)

[DYSON Challenges](#)

[INSPIRATION STATION](#)

[BBC Science in Action](#) (TV)

[STEM Learning](#)

[Do try this at Home](#)

[Glasgow Science Centre](#)

[Tinker CAD](#)

[Maths Factor](#) (Carol Vorderman)

[NASA at Home](#)

[British Science Week](#) pack

[STEM from Home](#) (6 – 14)

[Money Sense](#): RBS

[Blue Peter Badges](#)

[SCRATCH](#) - Programming

[PHET](#) interactive simulations for Science and Maths

[Experiments at Home](#)



Activities and challenges for individuals or families during the lockdown (optional)

Literature

[Audible](#) – free 30 day trial

[Funbrain](#) – collection of online books

[SCHOLASTIC](#) learn at home by reading a book/article with matching videos and activities

[Harry Potter at Home](#)

[Free Classic Literature](#)

[planetbook.com](#)

[Big list of authors reading](#)

[Free DC Comics](#)

[National Theatre Live Shows](#)

[Borrowbox](#) free access to books from Falkirk Library

Physical activity

[Jog Scotland](#): Challenge **

[Walk Scotland](#): Challenge **

[Virtual walking tours](#) around European cities (complete while on a treadmill or exercise bike).

[PE with Joe Wicks](#)

[Brain Gym](#) – physical exercises

[Get fit for Free](#) – NHS Scotland**

** observe government advice on time exercising and social distancing

Academic

Teachers might direct you to these websites in their lessons. Here are hyperlinks.

[BBC Teach](#)

[BBC Bitesize](#)

[SCHOLAR](#)

[BBC Learn](#)

[KHAN ACADEMY](#)

[BRIGHT RED BOOK](#)

[COLLINS EDUCATIONAL](#)

[BITESIZE QUIZZES](#)

Learn how to

[Instructables](#) – make things

[Play chess](#)

[How Stuff Works](#)

[Wonder how to](#)



Quizzing

[My Quiz](#)

[Quizziz](#)

[Quizlet](#)

[Sporcle](#) (ready made)

[BBC Bitesize Quizzes](#) (ready made)

These websites are given to support families during the lockdown to provide additional activities that can be completed during the School Closure.

Please bear in mind Government advice about:

- Screen time
- Age appropriate activities
- Keeping safe online



