



Mountain



Biking Club



Fridays after school 3.05 to 6.00 (latest).
See Mr Stephen (Science) for details.
You need a parental consent form.
Wearing a cycle helmet is compulsory.

Bring an energy snack and drink.



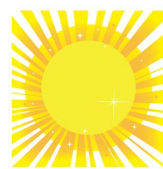
Get changed at 3.05 pm in the PE
changing
rooms.



Start
3.30pm



Bring suitable clothing for the day:



or

